



INDIVIDUAL THERAPY PROGRAM

Gio's Garden offers individual sessions to work one on one with children on developmental goals.

Areas of exploration within individual sessions include:

learning/ cognitive goals, motor skills, sensory regulation, social skills, etc.

# LEARN MORE...

## ART THERAPY

Art Therapy focuses on the therapeutic use of art-based techniques to achieve individual goals and encourage cognitive, emotional and behavioral development. Art therapists will provide art experiences that are created for your child that focus on social skills and behavior, fine and gross motor development and sensory integration.

## RECREATIONAL THERAPY

Recreation Therapy is the intentional use of recreation and leisure activities to assist your child in achieving goals. Goals can include fine and gross motor movement, sensory integration, social skills, relaxation techniques, emotional awareness, safety and community awareness, including others depending on the needs of each child.



## COST, PAYMENT & BILLING, CANCELLATIONS

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### Cost

Individual Therapy Session Rate | Contact Gio's Garden for Rates

### Billing

Sessions will be billed at the end of each month. Payment is due within 15 days of receipt. If fees are not paid on time, scheduled sessions will be cancelled until payment is made. Payments can be made by cash, check or online via credit or debit card. We accept 3rd party payment in some instances (See below).

### Outside Funds & Insurance

Outside funding sources such as Children's Long Term Support Waiver may be able to cover the fees of these sessions. Families are responsible for contacting their case manager or other source prior to starting services. Families must inform Gio's Garden with any changes in payment sources.

All 3rd Party payment must be pre-authorized.  
We do not accept personal insurance.

### Cancellations

Cancellations without 24 hours notice of session time are subject to a \$10.00 fee. Frequent cancellations without advance notice may result in termination of therapy service

## INTAKE & SCHEDULING SERVICES

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### Individual Therapy Intake Meeting

Families will have an Intake Meeting with their child's prospective therapist. This meeting will cover Client and family history in addition to treatment goals. Families may also be asked to complete a home assessment depending on agreed upon goals.

### Scheduling Services

Children can have a maximum of two (2) one-hour individual sessions per week. Sessions can be scheduled Monday through Friday. It is recommended that a minimum of four sessions be scheduled within a month to maximize success. Families will work with their therapist to schedule these services and they can be started and stopped anytime throughout the year.



## CONTACT

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THERAPY REGISTRATION FORM

**Client Information**

First & Last Name: \_\_\_\_\_ Date: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Number of Sessions requested: \_\_\_\_\_ per week: \_\_\_\_\_ per month: \_\_\_\_\_

**Parent Information**

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

**Individual Therapy Intake Meeting (Staff Completes)**

Intake Meeting Date: \_\_\_\_\_ Therapist: \_\_\_\_\_

Client/Family History:

Initial Goals Discussed with Parents: